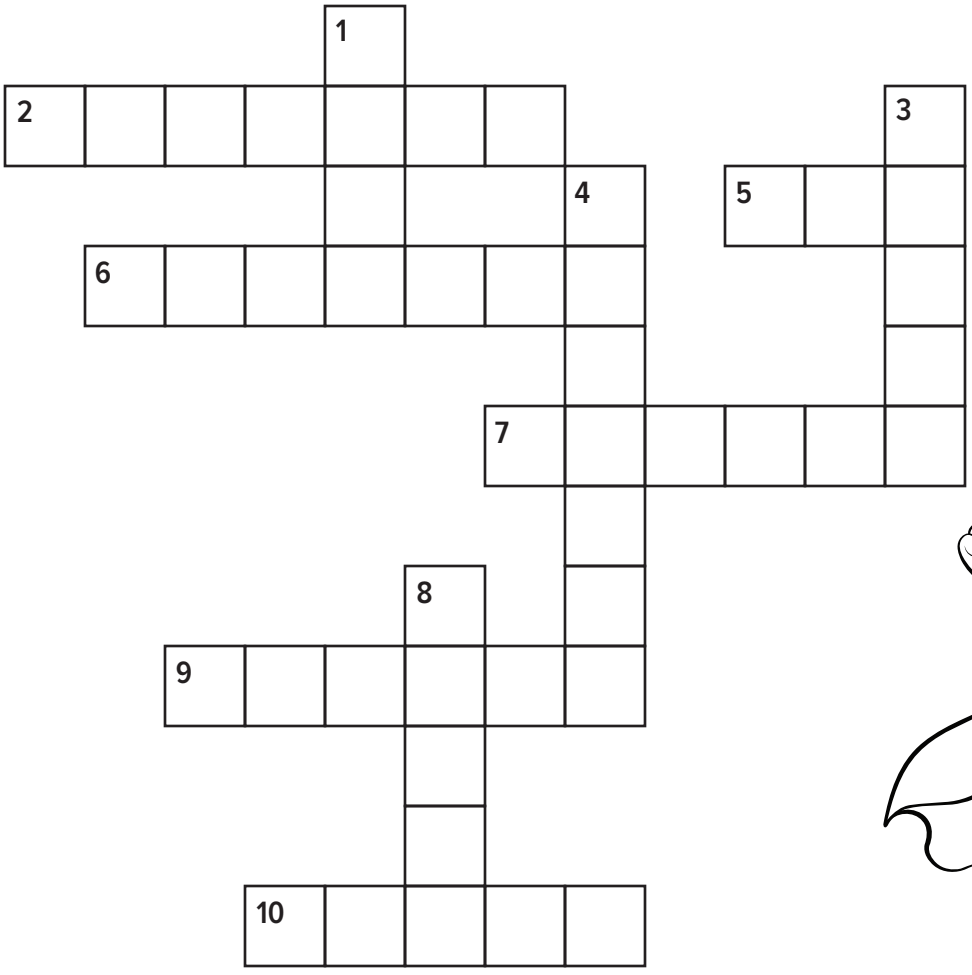
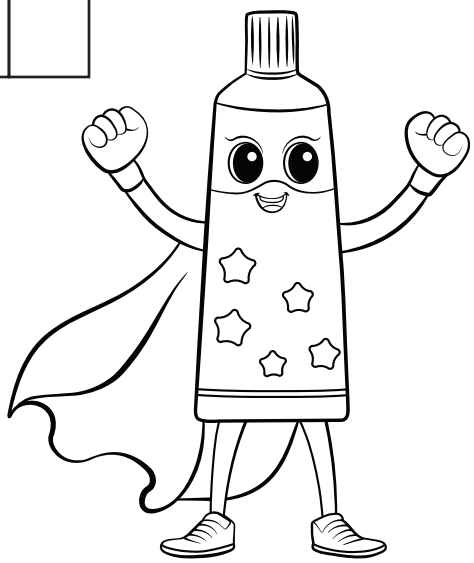
Team Up with the DentSquad for National Brush Day 2026!

National Brush Day is recognized every year on November 1st, the day after Halloween, as a reminder to brush away all the candy you've been enjoying and restore those pearly whites. Help us promote the importance of brushing your teeth 2min2x – 2 minutes each time, twice a day by joining the **#NBDDentsquad**! Post a photo of this completed activity sheet online with the hashtag **#NationalBrushDay**, or upload it at **nationalbrushday.com** and be entered to **win one of five $100 Amazon gift cards**!



Enter to win a $100 Amazon gift card!



ACROSS

2. A doctor for your teeth.
5. Soft tissue around your teeth.
6. A task or set of tasks you do every day.
7. Sticky stuff that can hurt your teeth.
9. A hole in a tooth.
10. Hard white things in your mouth.

DOWN

1. A fresh flavor for toothpaste.
3. What you do when you are happy.
4. Good for your body and teeth.
8. To wash your mouth with water or another liquid.