



NATIONAL BRUSH DAY

TEAM UP WITH THE DENTSQUAD



Team Up with the DentSquad for National Brush Day 2026

Dear [X, Y, Z Patient or Family Name],

[Practice Name] is excited to celebrate **National Brush Day** on November 1st by teaming up with the **DentSquad heroes** to fight against tooth decay and plaque!

National Brush Day is celebrated annually on November 1st, the day after Halloween, to highlight the importance of children's oral health. This year, we invite your family to join the #NBDDentSquad in the mission to brush away all that Halloween candy. Being a DentSquad hero is simple—just brush your teeth for two minutes, twice a day.

Meet the DentSquad Heroes:



Captain Paste – Packed with fluoride and minty freshness, Captain Paste strengthens enamel and fights plaque monsters.

Doctor Brush – With super-fast strokes, Doctor Brush polishes every tooth, ensuring they're protected from decay.

Floss Fury – Agile and fearless, Floss Fury's floss lasso clears out plaque where no brush can reach.

The Cool Rinse – Calm and refreshing, The Cool Rinse washes away bacteria and leaves teeth sparkling clean.

Join the DentSquad and Win

Would you like to join the #NBDDentSquad? Download one of the DentSquad coloring or activity sheets, have your child complete it, and share a photo online using the hashtag **#NationalBrushDay** for a chance to win a **\$100 Amazon gift card**! Don't have social media? No worries! You can also upload the completed sheet directly to nationalbrushday.com to enter the drawing.

For more tips and resources on promoting healthy oral habits, visit www.2min2x.org.

Your partner in oral health,

[Practice and/or dentist name and contact information]